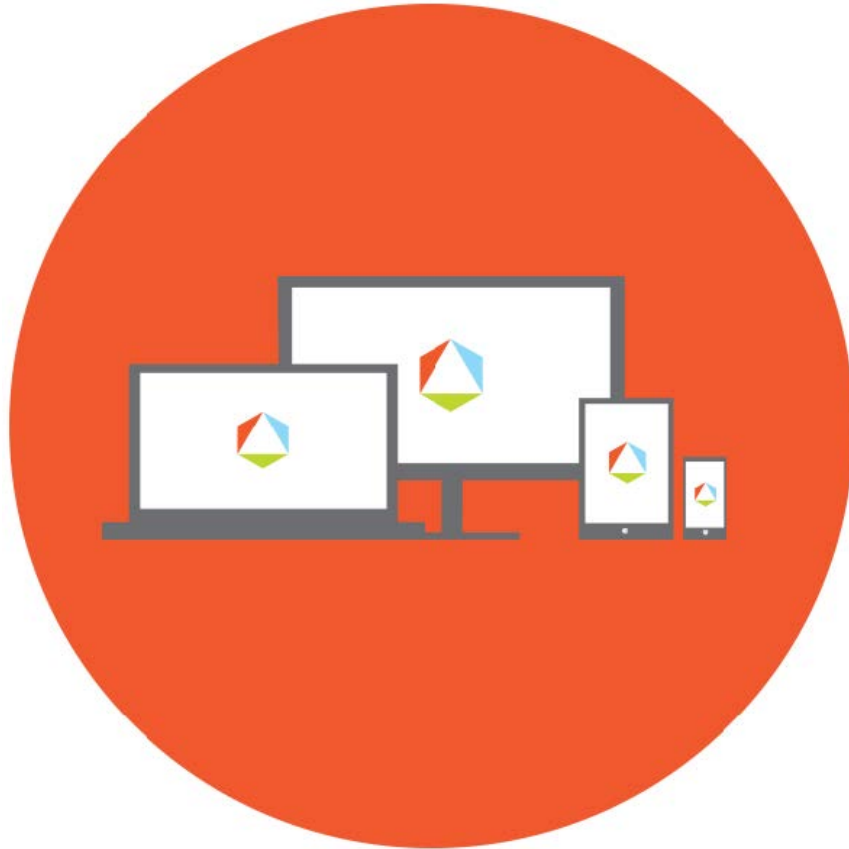




FIRSTPATH
AUTISM



Data Sheet
Eating Skills
www.firstpathautism.com



Eating Skills

Appropriate eating skills, including use of utensils and napkin, and sitting at the table for the entire meal or snack. Can also teach supplementary skills such as asking to be excused when finished and clearing own place setting.

Target	Intro MT*	Mastery RR**	Target	Intro MT*	Mastery RR**
1. Self-feeding off of a plate			21.		
2. Drinking from a regular cup			22.		
3. Using spoon			23.		
4. Using fork			24.		
5. Wiping face/hands with napkin			25.		
6. Sitting at the table for 5 min.			26.		
7. Sitting at the table for 10 min.			27.		
8. Sitting at the table for 15 min.			28.		
9. Asking to "please be excused"			29.		
10. Helping to clear own place (plate/cup to counter)			30.		
11.			31.		
12.			32.		
13.			33.		
14.			34.		
15.			35.		
16.			36.		
17.			37.		
18.			38.		



19.			39.		
20.			40.		

* **Intro MT:** The date the target was introduced to the child

** **Mastery RR:** Is the date the child completed 3 consecutive random rotation trials at with 80-100% independence.

Maintenance: When all targets are mastered, reduce frequency of the presentation of the program to child systematically, ensuring that the child maintains skills by maintaining mastery scores of 80-100% before decreasing frequency further. (e.g. 5 times per week to 4 times per week for a month, to 3 times per week for a month to 2 times per week for a month, to once a week for a month, to generalized settings.)